



# Calshot 2022 Kit List

- ❖ **Bedding: Either duvet covers, bottom sheet and pillow case or sleeping bag and pillow case**
- ❖ Gloves
- ❖ Hats
- ❖ Trainers
- ❖ Wellington boots for our day in the Forest and clothes peg with name on and in a strong carrier bag. (Calshot have spares if needed!)
- ❖ Lots of layers of warm clothing (lots of thin layers are more effective than one thick one)
- ❖ T shirts / tops – ideally including a couple of long-sleeve ones for skiing
- ❖ Tracksuits as they are vastly warmer and generally more comfortable than jeans.
- ❖ A good waterproof coat
- ❖ Pyjamas, slippers
- ❖ Underwear, in particular plenty of socks
- ❖ Wash kit and towel (No aerosols please – due to very sensitive smoke/fire alarm system)
- ❖ Sports bottle for water
- ❖ Lipsalve or Vaseline can be useful for sore lips
- ❖ Thick tights / running leggings or similar can be useful as they can be worn under trousers for warmth (but not essential)

❖ **SPARE SOCKS FOR EMERGENCIES ☺**

**NO specialist equipment or clothing needs to be bought for the trip.**

If you can make sure your child knows how to make a bed up if they are bringing a duvet cover it would be extremely helpful for when we arrive. Thank you!